

**2019 NextGen Athlete Development** (Sept. 2018 - Aug. 2019)  
**Welland Racing Legacy Membership Application**



Name \_\_\_\_\_

Address \_\_\_\_\_

Phone Number \_\_\_\_\_

Email address \_\_\_\_\_

Date of birth \_\_\_\_\_ Race Age \_\_\_\_\_

USAC license # \_\_\_\_\_ UCI license # \_\_\_\_\_

Racing CAT \_\_\_\_\_ (to be a Legacy Mentor we prefer you to be at least a CAT 3, if you are not a CAT 3 how close are you?) \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_

Emergency Contact Number \_\_\_\_\_

Medical conditions we should know about \_\_\_\_\_

**Athletic history:**

How long have you been cycling? \_\_\_\_\_

Have you been on an organized cycling team before? \_\_\_\_\_

If yes, what team and for how long \_\_\_\_\_

**Goals:**

What are your 1 year cycling goals?

\_\_\_\_\_  
\_\_\_\_\_

What are your 3 year cycling goals?

\_\_\_\_\_  
\_\_\_\_\_

**Mentorship:**

Why do you want to be a mentor? \_\_\_\_\_

\_\_\_\_\_

How many hours are you available to participate in group practices or rides a week?

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Are you willing to mentor 3-4 juniors with weekly check ins and encouragement?

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Are you available to at least 5 races on the schedule (realizing that most race dates have not been published yet), for set up and break down?

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Are you willing to escort the Juniors at least once a month during the Saturday ride?

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Are you willing to complete the USA Cycling Coaching level 3 certification and background check? (1 year \$95 or 2 year \$170) \_\_\_\_\_

Legacy Membership - \$150 (includes a Jersey, Bib shorts, Skinsuit, gloves, t-shirt and 2 water bottles)

(Office Use: Dues Paid \_\_\_\_\_)

Payment Type \_\_\_\_\_

(9/18)